## What is claimed is:

- 1. An isolated DNA or RNA molecule comprising at least ten contiguous bases having a sequence in a pancreatic islet microRNA shown in SEQ ID NOs:1-20, except that up to thirty percent of the bases may be wobble bases, and up to 10% of the contiguous bases may be non-complementary.
- 2. An isolated molecule according to claim 1, further comprising a sequence of bases at the 5' end and/or a sequence of bases at the 3' end present in any one of the hairpin precursor sequences shown in SEQ ID NOs:21-40 or any fragment thereof.
- 3. An insolated molecule according to claim 2, wherein the hairpin precursor sequence is the sequence in which the pancreatic islet microRNA is present.
- 4. An isolated molecule according to claim 1, wherein the pancreatic islet microRNA is incorporated into a vector.
- 5. An isolated molecule according to claim 1, wherein the isolated molecule is a DNA molecule.
- 6. An isolated molecule according to claim 1, wherein the isolated molecule is a RNA molecule.
- 7. An isolated molecule according to claim 1, wherein the isolated molecule further comprises a cap.
- 8. An isolated molecule according to claim 7, wherein the cap is an inverted nucleotide cap.
- 9. An isolated molecule according to claim 7, wherein the cap is a chemical cap.
- 10. An isolated molecule according to claim 1, wherein the isolated molecule consists essentially of any one of the sequences of the pancreatic islet microRNA shown in SEQ ID NOs:1-20.

- 11. An isolated molecule according to claim 1, wherein the isolated molecule consists essentially of any one of the sequences shown in SEQ ID NOs:21-40.
- 12. A modified single stranded pancreatic islet microRNA molecule comprising a minimum of ten moieties and a maximum of fifty moieties on a molecular backbone, the molecular backbone comprising backbone units, each moiety comprising a base bonded to a backbone unit wherein:

at least ten contiguous bases have the same sequence as a contiguous sequence of bases in a pancreatic islet microRNA molecule shown in SEQ ID NOs:1-20, except that up to thirty percent of the bases pairs may be wobble base pairs, and up to 10% of the contiguous bases may be additions, deletions, mismatches, or combinations thereof;

no more than fifty percent of the contiguous moieties contain deoxyribonuleotide backbone units, and

at least one moiety is not an unmodified deoxyribonucleotide moiety or an unmodified ribonucleotide moiety.

- 13. A molecule according to claim 12, further comprising a sequence of bases at the 5' end and/or a sequence of bases at the 3' end present in any one of the hairpin precursor sequences shown in SEQ ID NOs:21-40 or any fragment thereof.
- 14. A molecule according to claim 13, wherein the hairpin precursor sequence is the sequence in which the pancreatic islet microRNA is present.
- 15. A molecule according to claim 12, wherein the pancreatic islet is a mammalian pancreatic islet.
- 16. A molecules according to claim 15, wherein the mammal is a human.
- 17. A molecule according to claim 12, wherein the molecule is modified for increased nuclease resistance.

18. An isolated single stranded anti-pancreatic islet microRNA molecule comprising a minimum of ten moieties and a maximum of fifty moieties on a molecular backbone, the molecular backbone comprising backbone units, each moiety comprising a base bonded to a backbone unit, each base forming a Watson-Crick base pair with a complementary base wherein:

at least ten contiguous bases have a sequence complementary to a contiguous sequence of bases in any one of the pancreatic islet microRNA molecules shown in SEQ ID NOs; 1-20, except that up to thirty percent of the base pairs may be wobble base pairs, and up to 10% of the contiguous bases may be additions, deletions, mismatches, or combinations thereof;

no more than fifty percent of the contiguous moieties contain deoxyribonuleotide backbone units; and

the molecule is capable of inhibiting microRNP activity.

- 19. A molecule according to claim 18, wherein the moiety at the position corresponding to position 11 of the microRNA is non-complementary.
- 20. A molecule according to claim 18, wherein up to 5% of the contiguous moieties may be non-complementary to the contiguous sequence of bases in the pancreatic islet microRNA.
- 21. A molecule according to claim 20, wherein non-complementary moieties are additions, deletions, mismatches, or combinations thereof.
- A molecule according to claim 18 having any one of the anti-pancreatic islet microRNA sequence shown SEQ ID NOs:41-60.
- 23. A molecule according to claim 18, wherein at least one of the moieties is a modified deoxyribonucleotide moiety.
- 24. A molecule according to claim 23 wherein the modified deoxyribonucleotide is a phosphorothioate deoxyribonucleotide moiety.
- 25. A molecule according to claim 23, wherein the modified deoxyribonucleotide is N'3-N'5 phosphoroamidate deoxyribonucleotide moiety.

- 26. A molecule according to claim 18, wherein at least one of the moieties is a modified ribonucleotide moiety.
- 27. A molecule according to claim 26, wherein the modified ribonucleotide is substituted at the 2' position.
- 28. A molecule according to claim 27, wherein the substituent at the 2' position is a  $C_1$  to  $C_4$  alkyl group.
- 29. A molecule according to claim 28, wherein the alkyl group is methyl.
- 30. A molecule according to claim 28, wherein the alkyl group is allyl.
- 31. A molecule according to claim 27, wherein the substituent at the 2' position is a  $C_1$  to  $C_4$  alkoxy  $C_1$  to  $C_4$  alkyl group.
- 32. A molecule according to claim 31, wherein the  $C_1$  to  $C_4$  alkoxy  $C_1$  to  $C_4$  alkyl group is methoxyethyl.
- 33. A molecule according to claim 26, wherein the modified ribonucleotide has a methylene bridge between the 2'-oxygen atom and the 4'-carbon atom.
- 34. A molecule according to claim 18, wherein at least one of the moieties is a peptide nucleic acid moiety.
- 35. A molecule according to claim 18, wherein at least one of the moieties is a 2'-fluororibonucleotide moiety.
- 36. A molecule according to claim 18, wherein at least one of the moieties is a morpholino phosphoroamidate nucleotide moiety.
- 37. A molecule according to claim 18, wherein at least one of the moieties is a tricyclo nucleotide moiety.
- 38. A molecule according to claim 18, wherein at least one of the moieties is a cyclohexene nucleotide moiety.

- 39. A molecule according to claim 18, wherein the molecule is a chimeric molecule.
- 40. A molecule according to claim 18, wherein the molecule comprises at least one modified moiety for increased nuclease resistance.
- 41. A molecule according to claim 40, wherein the nuclease is an exonuclease.
- 42. A molecule according to claim 41, wherein the molecule comprises at least one modified moiety at the 5' end.
- 43. A molecule according to claim 41, wherein the molecule comprises at least two modified moieties at the 5' end.
- 44. A molecule according to claim 41, wherein the molecule comprises at least one modified moiety at the 3' end.
- 45. A molecule according to claim 41, wherein the molecule comprises at least two modified moieties at the 3' end.
- 46. A molecule according to claim 41, wherein the molecule comprises at least one modified moiety at the 5' end and at least one modified moiety at the 3'end.
- 47. A molecule according to claim 41, wherein the molecule comprises at least two modified moieties at the 5' end and at least two modified moieties at the 3'end.
- 48. A molecule according to claim 41, wherein the molecule comprises a cap at the 5' end, the 3' end, or both ends of the molecule.
- 49. A molecule according to claim 48, wherein the molecule comprises a chemical cap.
- 50. A molecule according to claim 48, wherein the molecule comprises an inverted nucleotide cap.
- 51. A molecule according to claim 18, wherein the nuclease is an endonuclease.
- 52. A molecule according to claim 51, wherein the molecule comprises at least one modified moiety between the 5' and 3' end.

- 53. A molecule according to claim 51, wherein the molecule comprises a chemical cap between the 5' end and 3' end.
- 54. A molecule according to claim 18, wherein all of the moieties are nuclease resistant.
- 55. A method for inhibiting microRNP activity in a cell, the microRNP comprising a pancreatic islet microRNA molecule, the method comprising introducing into the cell a single-stranded anti-pancreatic islet microRNA molecule according to claim 18, wherein the anti-pancreatic islet microRNA is complementary to the pancreatic islet microRNA molecule.
- 56. A method according to claim 55, the moiety in the anti-pancreatic islet microRNA molecule at the position corresponding to position 11 of the microRNA is non-complementary
- 57. A method according to claim 55, wherein the pancreatic islet is a mammalian pancreatic islet.
- 58. A method according to claim 57, wherein the mammal is a human.
- 59. A method for treating diabetes in a mammal in need thereof, the method comprising introducing into the mammal an effective amount of an anti-pancreatic islet microRNA molecule having at least ten contiguous bases having a sequence shown in SEQ ID NOs:41 or 51.
- 60. An isolated microRNP comprising an isolated DNA or RNA molecule according to claim
- 61. An isolated microRNP comprising an isolated single stranded pancreatic islet microRNA molecule according to claim 12.